

ACHOO or the FLU?

The common cold and the flu can often look alike, so how can you tell the difference?

Having a stuffy nose, sneezing and a sore throat are more indicative of a cold. Symptoms like fever, headache, body aches, weakness, fatigue, and extreme exhaustion are rarely signs of a cold but are common indicators of the flu.

Learn why getting vaccinated can help cut down on missed work and school, doctor's visits, hospitalizations, and even flu-related deaths with Family Nurse Practitioner Shannon Handler, Pharmacy Director Jessica Bessner, and Infection Prevention Coordinator Jessica Hermann, RN.

Free Girls' Night Out includes:

- Flu shots available (call for details)
- Free immune system-boosting appetizers
- Opportunity to ask questions (Including anonymous questions)
- Complimentary drink token
- Aspiring Women gift
- Raffles

Pre-registration is required for this FREE event.

Call Jenn Jenich-Laplander at 906.337.6541 to register.
Please register individually.