

UP Cross Country Coaches Association (UPCCCA) Awards – 2023

Division 1

Coach of the Year: Derek Marr - Marquette

Teams of the Year:

Boys: Marquette

Girls: Marquette

Division 2

Coach of the Year: Sam Kilpela -
Painesdale-Jeffers

Teams of the Year:

D2 Boys: Painesdale-Jeffers

D2 Girls: Hancock

Division 3

Coach: Kate Kuntze - Stephenson

Teams of the Year:

D3 Boys: Dollar Bay

D3 Girls: Chassell

Boys Runner of the Year:

Gabe Litzner - Sault Ste. Marie

Boys All-UP Dream Team:

1. Gabe Litzner - Sault Ste. Marie
2. Seppi Camilli - Marquette
3. Evan Balko - Marquette
4. Lucas Ballard - Marquette
5. Shea Armstrong - Sault Ste. Marie
6. Calvin Kytta - Chassell
7. Peter Argeropoulos - Marquette

Boys All-UP Dream Team Honorable Mention:

1. Landon Larson - Painesdale-Jeffers

Girls Co-Runners of the Year:

Talya Schreiber - Pickford

Lola Korpi - Ishpeming

Girls All-UP Dream Team:

1. Talya Schreiber - Pickford
2. Lola Korpi - Ishpeming
3. Ella Fure - Marquette
4. Samantha Taylor - Newberry
5. Monet Argeropoulos - Marquette
6. Abby Taylor - Newberry
7. Tessa Rautiola - Houghton

Girls All-UP Dream Team Honorable Mention:

1. Roman Peterlin - Houghton
2. Abby Harma - Marquette
3. Kaylen Clark - Newberry